



INTEGRATIVE PSYCHIATRY OF NY, PC

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CHECKING YOUR OUTPATIENT MENTAL HEALTH INSURANCE BENEFITS

Health insurance plans vary in the kinds of outpatient mental health services they cover. Please contact your health insurance company to check on your benefits and eligibility. Important questions to ask about your coverage are listed below. Please bring this completed form with you to your first appointment along with your health insurance identification card.

Telephone number to call to check my benefits and eligibility: _____

Is there another number I must call to check my eligibility and benefits?...Yes No

If yes, the telephone number I must call: _____

Does my insurance cover *outpatient mental health* services? Yes No

Is my health insurance coverage *active*? Yes No

If yes, my policy became effective on: _____

Are my mental health benefits based on a calendar year? Yes No

If not, my benefits are based on this range of dates: _____

How many outpatient mental health *visits* are covered for one (1) year? _____

How many *remaining visits* do I have for the current year? _____

Is Dr. Stamu-O'Brien, a "*preferred*" or "*in-network provider*" for my health insurance plan?
(Please be sure to specify the practice address.) Yes No

For Dr. Stamu-O'Brien's services:

Do I pay a *co-pay* for each visit? Yes No

If yes, my co-pay amount for each visit is: _____

Do I have a *co-insurance* cost for each visit (a percentage of the charge that I have to pay myself)? Yes No

If yes, my co-insurance percentage for each visit is: _____

Do I have to obtain an *authorization* for Dr. Stamu-O'Brien's services? Yes No

If yes, who must call? My referring provider Myself Dr. Stamu-O'Brien

The number to contact to obtain an authorization is: _____

Please be sure to bring this form with you to your first appointment. Thank you.

Patient Name: _____ **Date:** _____